

SMOOTHIES

12 OZ. AND 24 OZ.

SLAM DUNK - OJ, PINEAPPLE JUICE, PINEAPPLE SHERBET, BLUEBERRIES & STRAWBERRIES

PENALTY FLAG - STRAWBERRY JUICE, RASPBERRY SHERBET, PEACHES & STRAWBERRIES

SCISSOR KICK - STRAWBERRY JUICE, PINEAPPLE JUICE, PINEAPPLE SHERBET, STRAWBERRIES & PINEAPPLE

GRAND SLAM - OJ, YOGURT, BANANAS & STRAWBERRIES

SLALOM - OJ, PINEAPPLE JUICE, ORANGE SHERBET, BANANAS & STRAWBERRIES

TRIPLE CROWN - OJ, YOGURT & ORANGE SHERBET

DOUBLE AXLE - OJ, PINEAPPLE JUICE, PINEAPPLE SHERBET, BANANAS, STRAWBERRIES, RASPBERRIES & BOYSENBERRIES

MARATHON - OJ, BANANAS & STRAWBERRIES

EAGLE - OJ, RASPBERRY JUICE, CRANBERRY JUICE, ORANGE SHERBET, STRAWBERRIES & BANANAS

HALF NELSON - RASPBERRY JUICE, ORANGE SHERBET, BANANAS & STRAWBERRIES

SLAP SHOT - CRANBERRY JUICE, YOGURT, RASPBERRY SHERBET, BLUEBERRIES & STRAWBERRIES

FREESTYLE - MANGO JUICE, PINEAPPLE SHERBET, MANGO, PEACHES & STRAWBERRIES

CROSS CAGE - WATERMELON JUICE, ORANGE SHERBET, BANANAS & STRAWBERRIES

OFF THE LIP - PINEAPPLE JUICE, COCONUT, HONEY, BANANAS & STRAWBERRIES

SIDE OUT - APRICOT JUICE, ORANGE SHERBET, PEACHES, BANANAS & STRAWBERRIES

HAT TRICK - PAPAYA JUICE, COCONUT, ORANGE SHERBET, BANANAS & PEACHES

ROUND HOUSE - PEACH JUICE, ORANGE SHERBET, BANANAS & PEACHES

AMERICAS CUP - STRAWBERRY JUICE, YOGURT, BANANAS & STRAWBERRIES

TOUR DE FRANCE - APPLE JUICE, YOGURT, RASPBERRY SHERBET, BANANAS & BLUEBERRIES

KNOCK OUT - APPLE JUICE, YOGURT, BANANAS & STRAWBERRIES

POWER PLAY - WATERMELON JUICE, YOGURT, RASPBERRY SHERBET, RASPBERRIES & STRAWBERRIES

SQUEEZE PLAY - PINEAPPLE JUICE, YOGURT, PINEAPPLE SHERBET & BANANAS

TOUCHDOWN - RASPBERRY JUICE, YOGURT, BANANAS & RASPBERRIES

VOLLEY - POMEGRANATE JUICE, YOGURT, BANANAS, BLUEBERRIES & BOYSENBERRIES

HALF PIPE - GUAVA JUICE, PINEAPPLE SHERBET, BANANAS & PEACHES

TURNOVER - APRICOT JUICE, YOGURT, RASPBERRY SHERBET, BANANAS, RASPBERRIES & PINEAPPLES

SINGLETRACK - WATERMELON JUICE, MANGO JUICE, YOGURT, RASPBERRY SHERBET, MANGO, RASPBERRIES & STRAWBERRIES

CROSSTRAINER - RASPBERRY JUICE, MANGO JUICE, YOGURT, PINEAPPLE SHERBET, MANGO, PEACHES & STRAWBERRIES

SHOOTOUT - SKIM MILK & YOGURT (CHOICE OF VANILLA OR CHOCOLATE)

ACE - GUAVA JUICE, POMEGRANATE JUICE, RASPBERRY SHERBET & BANANAS

BENCH PRESS - SKIM MILK, YOGURT & BANANAS (CHOICE OF VANILLA, CHOCOLATE OR FRUIT)

COACHES CHOICE - SKIM MILK, CHOCOLATE, YOGURT & CAPPUCCINO MIX

WORLDS CUP - SKIM MILK, CHOCOLATE, PEANUT BUTTER & YOGURT

JAB STEP - RASPBERRY JUICE, RASPBERRY SHERBET, PINEAPPLE & STRAWBERRIES

RIGHT HOOK - PEACH JUICE, YOGURT, BOYSENBERRIES, PEACHES & PINEAPPLE

FINISH LINE - RASPBERRY JUICE, LIME SHERBET, BANANAS & STRAWBERRIES

STICKY WICKET - RASPBERRY JUICE, LIME SHERBET, BANANAS, RASPBERRIES & STRAWBERRIES

TUMBLE TURN - LEMONADE, RASPBERRY JUICE, LIME SHERBET, BANANAS & RASPBERRIES

HANG TEN - SKIM MILK, YOGURT & CHOICE OF FRUIT

CHA CHA - SKIM MILK, YOGURT & CHOICE OF COFFEE, MOCHA, VANILLA LATTE. SPICE CHAI, GREEN TEA, VANILLA CHAI OR RASPBERRY CHAI

HOME RUN - LEMONADE, ORANGE SHERBET & STRAWBERRIES

BUTTERFLY - LEMONADE, STRAWBERRY JUICE, RASPBERRY SHERBET, STRAWBERRIES & RASPBERRIES

TRIPLE GAINER - LEMONADE, PINEAPPLE SHERBET, PEACHES & MANGO

PERSONAL BEST - PINEAPPLE JUICE, LIME SHERBET & MANGO

1080 - PEACH JUICE, STRAWBERRY JUICE, YOGURT, PEACHES, MANGOS & STRAWBERRIES

4 x 8 - SKIM MILK, YOGURT, PEANUT BUTTER, HONEY & BANANAS

TRIPLE THREAT - PAPAYA JUICE, RASPBERRY SHERBET, BLUEBERRIES & BOYSENBERRIES

STRIKE 3 - LEMONADE, ORANGE SHERBET, MANGOS, PEACHES & PINEAPPLE

ACAI SMOOTHIES

SURF'S UP - APPLE JUICE ACAI PACKET, YOGURT, BANANAS, BLUEBERRIES & STRAWBERRIES

RIP TIDE - CRANBERRY JUICE, ACAI PACKET, YOGURT, RASPBERRIES & MANGOS

THE GNARLEY - POMEGRANATE BLUEBERRY JUICE, ACAI PACKET, YOGURT, LIME SHERBET, PINEAPPLE & PEACHES

SHRED SMOOTHIES

THE GOOD LIFE - LOW CARB JUICE, YOGURT, BANANAS, STRAWBERRIES & STRAWBERRY WHEY PROTEIN

TROPICAL SHRED - LOW CARB JUICE, MANGOS, PINEAPPLE, PEACHES & VANILLA WHEY PROTEIN

GREEN SMOOTHIES (24oz only)

COCONUT PEACH - COCONUT MILK, PEACH, PINEAPPLE, ORANGES, SPINACH & GINGER

MANGO GINGER - APPLE JUICE, KALE, CUCUMBER, MANGO, GINGER & LIME

BERRIE'S & GREENS - POMEGRANATE JUICE, BLUEBERRIES, BOYSENBERRIES, YOGURT, KALE & SPINACH

PB & GREENS - ALMOND MILK, PEANUT BUTTER, YOGURT, SPINACH & BANANAS



Cold pressing is a juicing method in which fruit and vegetables are slowly squeezed at incredibly high pressures to yield the most nutritious, best tasting juice possible. This ensures that all the produce's fiber is utilized and that nothing is wasted or burned off in the process. All natural, NOTHING added.

**GRAB ONE OF OUR REVIVE MENUS
FOR MORE INFORMATION!**

**SEE STORE FOR SEASONAL AND
MONTHLY SPECIALS.**

Juice Stop Does It Different

No sugary purees, No sweetened fruits, No smoothie mixes! Juice Stop specializes in custom-made frozen smoothies, fresh juices and healthy snacks. We blend exactly what you ask for at a competitive price.

The high quality of our products is what makes your *Juice Stop* experience memorable. We go to great lengths to satisfy you, our valued customer, in ways that cannot be matched by other juice establishments. At *Juice Stop* all of our non-fat yogurts and delicious sherbets are made especially for us from the brand leader in the frozen dessert industry. They are made from carefully selected, premium ingredients for great tasting flavors and a creamy texture. We have also refined our juice formulations. We continually meet with our growers to ensure only the most succulent fruits are picked so you will continue to enjoy nothing but the high-quality, natural products you have come to expect from *Juice Stop*.

Juice Stop looks forward to helping you reach your goals of becoming a healthier, happier you! All smoothies made non-dairy on request. All yogurt is non-fat.

Colloidal Minerals: A source of 74 essential minerals extracted from prehistoric humic shale, supplementing the eight minerals typically found in foods produced from today's depleted soils.

Wheatgrass: "Live food for live cells." This describes the miracle food wheatgrass - the health builder, cleanser and natural healer. Wheatgrass is one of nature's rich sources of vitamins A, B, C, E and all of the known mineral elements. It purifies and detoxifies the body and aids in metabolizing nutrients. Wheatgrass contains about 70% chlorophyll which is considered "the life giving source" of plants. One ounce of wheatgrass is comparable in nutrients to over two pounds of vegetables.

Acai (ah-sigh-ee) Natures energy fruit. Acai is one of the healthiest fruits in the world because of its high levels of antioxidants essential omegas and fiber.

NUTRIENTS

EVERY SMOOTHIE RECEIVES ONE FREE NUTRIENT
ADDITIONAL NUTRIENT .50 EACH

DAILY BLEND - DAILY DOSE OF VITAMINS & MINERALS

SMART BLEND - INCREASE AWARENESS

ENERGY BLEND - NATURAL ENERGIZER

VITALITY BLEND - ANTIOXIDANT TO PURIFY THE BODY

WELLNESS BLEND - BOOST THE IMMUNE SYSTEM

METABOLIC BLEND - SPEEDS METABOLISM

BRAN BLEND - WATER SOLUBLE FIBER

POWER BLEND - MUSCLE GROWTH

GREEN BLEND - SUPER FOODS

INTENSITY BLEND - PRE & POST WORKOUT

BLISS - A BLEND OF CALMING HERBS

JOINT VENTURE - HELPS SOOTHE YOUR JOINTS

CALCIUM - ESSENTIAL FOR HEALTHY BLOOD

AVAILABLE UPON REQUEST:

| | |
|---------------------|------------------|
| WHEY OR SOY PROTEIN | APPROX. 20 GRAMS |
| CREATINE | APPROX. 5 GRAMS |
| ACAI PACKET | 3 OUNCES |

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|-------------|--------------------|
| GLUCOSAMINE | LOW CARB JUICE |
| FLAX SEED | COLLOIDAL MINERALS |
| GRANOLA | SOY MILK |
| | ALMOND MILK |
| | COCONUT MILK |

Mugs - T-shirts - Snacks - And More!

Rechargeable Gift Cards Available!



Juice for the Journey

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North 27th-Drive Thru

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Lincoln, NE 68521
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Pine Ridge Centre

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